

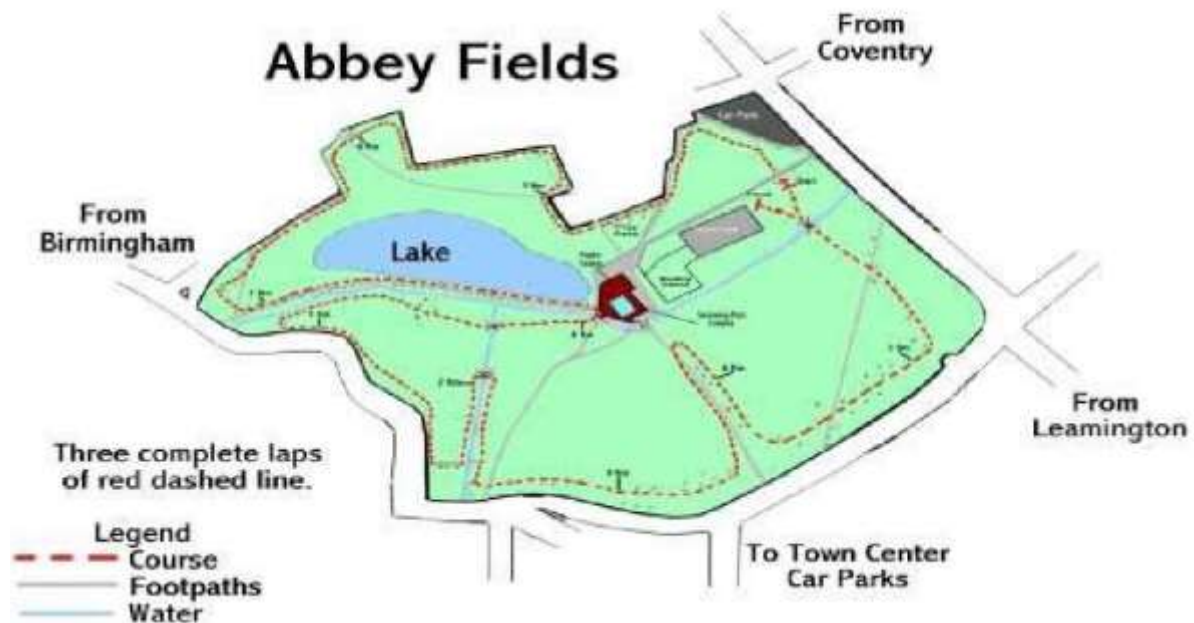


MAYDAY Mayday 10K Monday 7th May 2018

The Mayday Mayday 10k is a challenging 3 lap 10K over parkland and footpaths around Abbey Fields in Kenilworth, organised by Kenilworth Runners.

The race can be run by individuals or by a 3 person relay team with each member running 1 lap. Each finisher will receive a medal and prizes will be awarded to 1st 2nd and 3rd male and female and 1st in each age category V35, V45, V55 V65, LV35, LV45, LV55 and LV65. Plus 1st relay team.

The Course



Fun Run

After the 10k race there will be a 1 mile family FUN RUN with medals and goody bags to all finishers

Schools Challenge

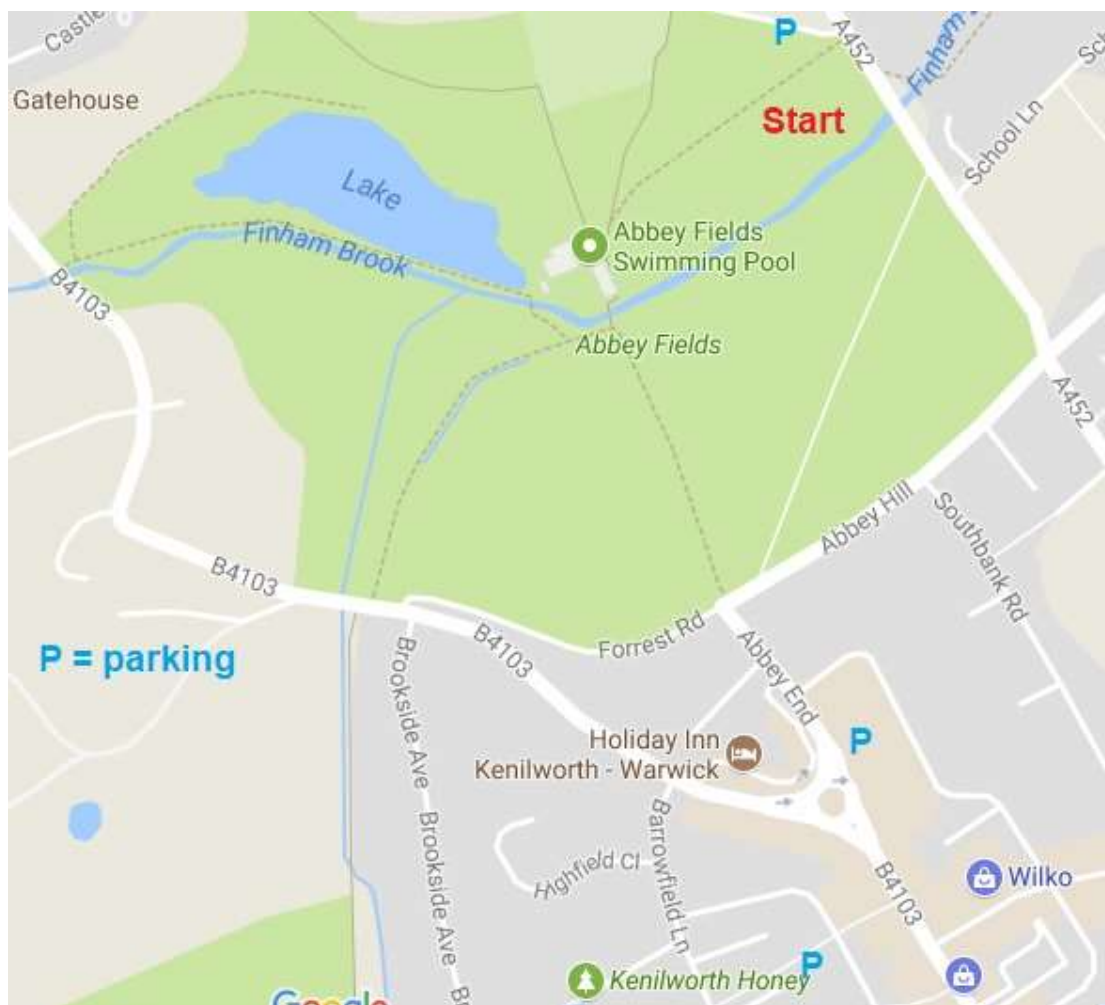
At midday a Schools Challenge race (1 mile) will be undertaken by years 5 and 6 from local schools

Facilities

There are no showers or changing facilities, toilets are available in Abbey Fields next to the swimming pool. There will be a supervised baggage tent.

Car Parking

Car parking is available in Abbey Fields and the Town Centre (5 minute walk) pay and display.



Start Times

10k -10am, Family Fun Run -11.30am, Schools Challenge -12:00 midday

Entries

10K - £12 Unattached runners £10 club runners, Relay teams £15 **entries on the day only** (i.e. £5 per runner). All individual on the day entries £15

Fun Run £3

Schools Challenge – Entries via local schools